



KNOW BEFORE YOU GO

Research the following at destination before you travel:

- country and cultural climate;
- areas to avoid, hotel options and hotel location; and
- threats related to crime, terrorism or natural disasters.

Download the International SOS Assistance App at internationalsos.com

DISCLAIMER:

This pocket guide has been developed for educational purposes only. For more information, contact International SOS.

HOTEL ROOM



Choose your room with safety in mind.

Opt for a room:

- located on the 2nd - 6th floor.
- away from the lobby or public areas.
- near an emergency exit.
- equipped with a key-chain, deadbolt and spy-hole.
- avoid rooms with interlocking doors.

HOTEL

Choose hotels that have:

- ✓ **Surveillance systems** in lobby and around the grounds.
- ✓ **Well-controlled access** to the main entrance.
- ✓ **Security guards.**
- ✓ **Resilient** communication capabilities.
- ✓ **Multi-lingual staff** if you don't speak the local language.

HOTEL SAFETY GUIDE FOR TRAVELLERS



LOCATION

Research the area surrounding the hotel.

Avoid areas associated with high crime and protests.

In areas where there are significant threats from conflict or terrorism, **choose a hotel away from** main roads and government or diplomatic buildings.

Consider the timing of your trip to avoid potentially disruptive events or protests.

BE VIGILANT



Check that the **locks on doors and windows** work inside your room — and use them.

Familiarise yourself with **emergency evacuation** plans and routes.

Don't share your room number.

Pack and use a door stop.

PREPARE FOR EMERGENCIES

Keep a small emergency 'grab bag' with:



- passport, visa and travel documents;
- water;
- cell phone & charger;
- medications;
- emergency cash; and
- credit cards.

WHEN YOU LEAVE THE ROOM



Hang the **"Do not disturb"** sign outside.



In higher risk locations, leave the **TV and a light on inside.**



Keep your **room number a secret.**



Always carry a **charged cell phone** with **local network access.**